

WEEKLY GROCERY LIST









FREEZABLES:



BAKERY & DELI:





CEREALS & BAKING GOODS



TOILETRIES & CLEANING:



ANIMAL FEED & KITCHEN GOODS



Budgeted Grocery Cost R



MONTHLY GROCERY LIST



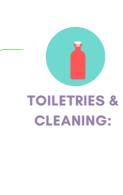
















Budgeted R Grocery Cost R



ORGANIZED SHOPPING LIST



FRESH PRODUCE, **MEATS SEAFOOD ON OUTER ISLES**



CLEANING & TOILETRIES



ANIMAL FEED & **HARDWARE**



KITCHEN GOODS & PLASTICS



CANS PASTA & CONDIMENTS & BAKING:



TEAS COFFEE & SUGAR RICE



CEREALS & LONG LIFE PROD.



DAIRY JUICES & CHEESES BUTTERS & BAKERIES



Budgeted Grocery Cost R